



Rocky Mountain Nordic

To: Rocky Mountain Junior Skiers who may qualify for the 2010 RMN Junior National Ski Team to compete in the Junior National Championships in Presque Isle, Maine March 5, through March 14, 2010.
From: Mike Elliott, RMN Junior National Team Trip Leader
Subject: Junior Nationals 2010

When the RMN Junior National Team is named in Steamboat Springs on Saturday Evening February 27, 2010 Rocky Mountain Team Members will need to have the following with them:

- One Parent:** If you are under 18 years of age, there are documents a parent must sign. Parents can sign the necessary documents ahead of time
- Health Insurance Information:** Contact information in case of emergency. You must have proof of health insurance, Health Insurance Company, group insurance number, individual health insurance number, and telephone number of Health Insurance Company.
- Family Doctor Information:** You will need your family Doctor's name and how RMN might be able to contact them in the case of an emergency.
- USSA Competitor's License:** You are required to have a USSA competitor's license to compete in the Junior Nationals. If you do not have a competitor's license, you will need to purchase one before you can travel, stay and race with the RMN Junior National Team. You can obtain a competitors license at www.ussa.org.
- Payment and Forms:** **Payment and all required forms and documents** must be received by the Trip Leader, Mike Elliott, by no later than Saturday evening February 27, 2010.

Mike Elliott
2613 Arroyo Drive
Durango, CO 81301
970 769-8655 cell **Do not call after 9pm**
teamelliott@frontier.net

Itinerary:
Depart Denver DIA: March 5, 2010, Denver International Airport 8:55am. United Flight # 744 Non Stop
*******Be at the DIA Airport TWO HOURS prior to departure*******

Arrive Boston, MA: March 5, 2010, 2:40pm
Bus BOS to Presque Isle, ME: Boston to Presque Isle Maine, **Non Stop to PI** ETA Midnight in Presque Isle
Depart Presque Isle ME by Bus: March 13, 2010, 11pm Non Stop to Boston
Arrive Boston: March 14, 2010 7am
Depart Boston: March 14, 2010 9:54am Flight # 785 Non Stop
Arrive Denver DIA: March 14, 2010 12:43pm

Lodging: **Northeastland Hotel Presque Isle, Maine, 207 768-5321.**
436 Main Street
Presque Isle, ME 04769

Cost: Subject to change: \$2,295
 \$2,235 If you pay by Cash or Check there is a \$60 discount
 \$2,045 If you already have the RMN Junior National Uniform.
 \$1,985 If you already have the RMN Junior National Uniform
 and pay with cash or check.

Checks Payable to RMN
If you pay with Credit Card, your credit card statement will show up as Durango Nordic Ski Club.

The price includes Airline Ticket round trip from Denver, Colorado, to Boston, Massachusetts, ground transportation round trip from Boston to Northeastland Hotel in Presque Isle, Maine, lodging (double occupancy) all meals starting with dinner on Friday March 5, 2010 on the road to Presque Isle and ending with JN Banquet on March 13, 2010, entry fees, uniforms, wax, and pro-rata share of coach's (**11 coaches**) expense.

Individual Team Members are responsible for the expense of traveling round trip from their respective homes to Denver International Airport

Equipment List:

1. **RMN Team Uniform.** All pieces of the RMN Team uniform should be marked with your name with a Sharpie pen. No additional logos should be added to the uniform of any kind. Team Members are required to wear RMN Team uniform in all competitions. Team Members are also required to wear RMN Team warm-up Jacket to the opening ceremonies. Team Members are to wear RMN Team warm-up Jacket to all Podium presentation. **NO EXCEPTIONS.**
2. **Luggage:** Use good common sense here. One piece of luggage under 50 pounds. If it is over 50 pounds you will have to pay **\$125**. One ski bag under 50 pounds. Again if it is over 50 pounds you pay **\$125**. Team members will be responsible for any expenses for excess baggage. One carry-on bag that is of reasonable size. It has to fit under the seat in front of you or in the overhead bin.
3. **Skis:** You are allowed to bring four to five pairs of skis. All your skis must be marked with your name and RMN. Kick Zones must be clearly marked on both sides of the ski for hard wax and for klister wax. Each pair of skis must have ski ties with your name marked on the ski ties. All skis must be cleaned of kick wax. All skis must have travel wax. Check with your individual coaches as to recommendation for travel wax. Mark all ski bags with your name.
4. **Waxing Tools:** Each athlete should bring a plexi scrapper, groove scrapper, cork, good stiff putty knife.
5. **Clothing:** Presque Isle, Maine can be like Colorado in the spring and it can be really cold and snowing. Do not forget to bring your swimsuit.
6. **Water Bottle and Carrier:** Bring your own water bottle and carrier for training and race days. Please have your name on the bottle and carrier plus RMN.
7. **School Work:** Quiet time is scheduled for student athletes to work on their school work.
8. **Camera, CD Player:** Your choice.
9. **Bio Information:**
10. **Picture ID:** You must have a government picture ID with the same name that you give me for the United Airline Manifest. You need this ID in order to check in with United Airline and in order to go through security at the Airports. If you do not understand this process check with you individual coaches or call me.

Coaching Staff:

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| 1. John Callahan | Aspen |
| 2. Duncan Callahan | Crested Butte |
| 3. Josh Dalley | Durango |
| 4. Justin Easter | Summit |
| 5. Allison Ebbets | Boulder (BNJRT to pay one-half of JN Trip Expense) |
| 6. Mike Elliott | Team Trip Leader, Durango |
| 7. Karl Hochtl | Vail |
| 8. Emma Lohr | Crested Butte (CBNT to pay one-half of JN Trip Expense) |
| 9. Eric Pepper | Boulder |
| 10. Josh Smullin | Steamboat Springs and Select Team Coach |
| 11. Adam St. Pierre | Boulder (BNJRT to pay one-half of JN Trip Expense) |
| 12. Brian Tate | Steamboat Springs |
| 13. Jon Zdechlik | Vail (SSCV to pay one-half of JN Trip Expense) |

For More Information: www.juniorolympics2010.org